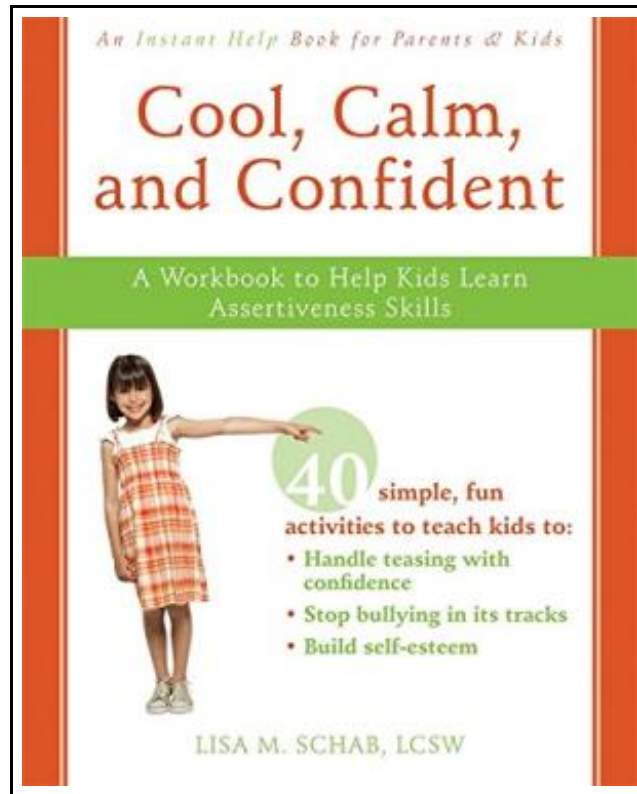


Cool, Calm, Confident: A Workbook to Help Kids Learn Assertiveness Skills



Filesize: 1.46 MB

Reviews

Good e-book and useful one. It typically does not expense an excessive amount of. I am just delighted to tell you that this is basically the finest book we have read during my very own existence and could be he best ebook for actually.

(Audra Hodkiewicz)

COOL, CALM, CONFIDENT: A WORKBOOK TO HELP KIDS LEARN ASSERTIVENESS SKILLS



New Harbinger Publications. Paperback. Book Condition: new. BRAND NEW, Cool, Calm, Confident: A Workbook to Help Kids Learn Assertiveness Skills, Lisa M. Schab, Self-assured, assertive kids are not only less likely to be picked on by their peers, they're also less likely to bully others. But it's not always easy for children to find a healthy middle ground between passivity and aggression. If your child is a frequent target for bullies, or has begun to tease and take advantage of other kids, the easy and effective activities in Cool, Calm, and Confident can help. These simple exercises help children stand up for themselves without coming across as aggressive, learn to be both kind and assertive, and develop self-confidence and a positive self-image. Using this workbook is an easy and effective way to instill self-esteem in both passive and aggressive children--a strength that will prove invaluable in childhood, in their teenage years, and throughout their lives. Help children to: Learn the difference between passive, aggressive, and assertive behavior, behave in ways that discourage teasing, understand their rights and stand up for themselves, stay calm and learn skills for managing anger and make real and lasting friendships.



[Read Cool, Calm, Confident: A Workbook to Help Kids Learn Assertiveness Skills Online](#)



[Download PDF Cool, Calm, Confident: A Workbook to Help Kids Learn Assertiveness Skills](#)

Relevant eBooks



Learn em Good: Improve Your Child s Math Skills: Simple and Effective Ways to Become Your Child s Free Tutor Without Opening a Textbook

Createspace, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.From a certified teacher and founder of an online tutoring website-a simple and...

[Read Book »](#)



Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video...

[Read Book »](#)



A Dog of Flanders: Unabridged; In Easy-to-Read Type (Dover Children's Thrift Classics)

Dover Publications, 2011. Paperback. Book Condition: New. No Jacket. New paperback book copy of A Dog of Flanders by Ouida (Marie Louise de la Ramee). Unabridged in easy to read type. Dover Children's Thrift Classic....

[Read Book »](#)



You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most

Sourcebooks, Inc. Paperback / softback. Book Condition: new. BRAND NEW, You Shouldn't Have to Say Goodbye: It's Hard Losing the Person You Love the Most, Patricia Hermes, Thirteen-year-old Sarah Morrow doesn't think much of the...

[Read Book »](#)



Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success

Brookes Publishing Co. Paperback. Book Condition: new. BRAND NEW, Six Steps to Inclusive Preschool Curriculum: A UDL-Based Framework for Children's School Success, Eva M. Horn, Susan B. Palmer, Gretchen D. Butera, Joan A. Lieber, How...

[Read Book »](#)

**Billy's Booger: A Memoir (sorta)**

Atheneum. 1 Cloth(s), 2015. hard. Book Condition: New. From what might not sound like the most promising title (at least to grown-ups), William Joyce introduces readers 6 to 8 to his younger self Billy Joyce,

[Save Document »](#)

**THE Key to My Children Series: Evan s Eyebrows Say Yes**

AUTHORHOUSE, United States, 2006. Paperback. Book Condition: New. 274 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.THE KEY TO MY CHILDREN SERIES: EVAN S EYEBROWS SAY YES is about

[Save Document »](#)

**Help! I'm a Baby Boomer (Battling for Christian Values Inside America's Largest Generation**

Victor Books, 1989. Trade Paperback. Book Condition: New. Second Printing. 8vo - over 7¾" - 9¾" Tall. Buy with confidence from "Your neighborhood book store, online (tm) - Since 1997 delivering quality books to our

[Save Document »](#)

**The Mystery on Alaskas Iditarod Trail Real Kids, Real Places**

Gallopade International. Paperback. Book Condition: New. Paperback. 150 pages. Dimensions: 7.3in. x 5.2in. x 0.5in. When you purchase the Library Bound mystery you will receive FREE online eBook access! Carole Marsh Mystery Online eBooks are an

[Save Document »](#)

**Maisy's Christmas Tree**

Candlewick, 2014. Book Condition: New. Brand New, Unread Copy in Perfect Condition. A+ Customer Service! Summary: The final scene of the gang caroling around the tree, complete with paper crowns from British Christmas crackers, is

[Save Document »](#)