



## Eczema: The Essential Guide

By Sharon Dempsey

Need2Know. Paperback. Book Condition: new. BRAND NEW, Eczema: The Essential Guide, Sharon Dempsey, Whether you are a parent of a child diagnosed with eczema or have symptoms yourself, this practical guide will provide you with all the facts and resources you need to learn about the condition, the effects on your health and how to cope day to day. Living with eczema can be challenging and can have a significant impact on the sufferer and their family. If you have eczema or care for a child with it then you will be aware of how distressing and demanding living with the condition is. Understanding the condition is the first step towards taking control of it. This book aims to help you broaden your knowledge of eczema and its treatment, to help you communicate your concerns with your GP or dermatologist and to identify a treatment strategy designed for your individual needs. In this book you will find information about the different types of eczema, treatment and management, along with practical advice and guidance on how to live with the condition.



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