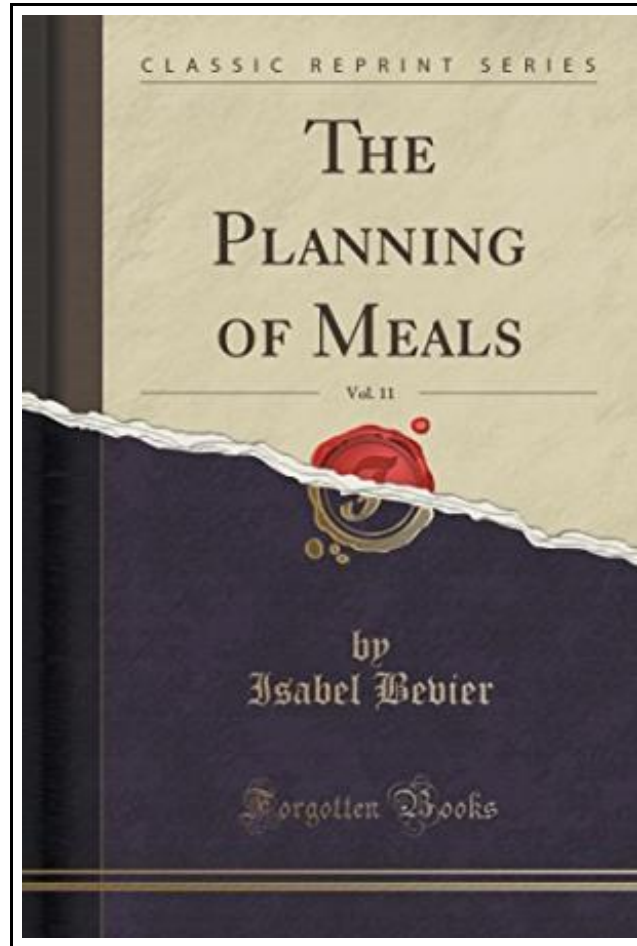


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Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from The Planning of Meals, Vol. 11 What shall we eat? What shall we drink? Wherewithal shall we be clothed? These are ever-present questions for the housekeeper. Comparatively few people recognize the very great importance to the welfare of the family and of society that attaches to the answer that is made to these questions. Indeed, the housekeeper herself often has very little conception of the importance of her work from the standpoint of health and efficiency. As one has said, billions of money are spent by women for food, without any knowledge of the economic principles involved, in a way that would not be tolerated in any other business enterprise. The business of housekeeping is really big business, whether one considers the capital invested or the health and efficiency of the individuals concerned. How to secure a suitable food supply for the family, for the nation, is a live question that taxes the ingenuity alike of producer and consumer, of rich and poor, of legislator and statesman. It is quite time that the woman responsible for the selection and preparation of the food supply realize her responsibility as a distributor of the world's wealth and make serious preparation to meet this obligation wisely and well. The planning of meals is not a task for either the idle or the ignorant. It requires ability of a high order, knowledge of many kinds, an intelligent appreciation of values, imagination to enable one to see the finished product, and executive ability to provide an attractive and suitable food supply three times a day, year in and year out. About the Publisher Forgotten Books publishes hundreds of thousands...

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