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Reviews

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(Nakia Toy Jr.)

MOOSE: A MEMOIR



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HarperCollins Publishers Inc, United States, 2009. Paperback. Book Condition: New. Reprint. 203 x 135 mm. Language: English . Brand New Book ****** Print on Demand ******. The author of the dishy memoir Straight Up and Dirty returns to share the story of her adolescence. Long before she was a glamorous young divorcee and superstar blogging mistress, Stephanie Klein was a seventh grader with a weight problem. At twelve years old, the boys at school call her Moose , her only friends were the nerds and misfits of the school, and her nighttime beauty routine involved soothing chub rub on her inner thighs. After several unsuccessful attempts at dieting and many frustrating sessions with Fran, a nutritionist known as the Fat Doctor of Roslyn Heights, Long Island, Stephanie s mother enrolled her for a summer at fat camp. Determined to lose her stubborn weight and return thin and popular for the school year, Stephanie embarked on a journey that would teach her more than just how to shed pounds. A coming-of-age story complete with before and after pictures and pages from Klein s journal, the book will appeal to women of all ages and anybody who has ever felt like the underdog. Moose is about what we all go through: finding friends, learning about ourselves, and realizing that who we are has remarkably little to do with our waistline.

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