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Vegetarian Entrees That Won't Leave You Hungry

By Lukas Volger

Experiment LLC, The. Paperback. Book Condition: new. BRAND NEW, Vegetarian Entrees That Won't Leave You Hungry, Lukas Volger, Now, Lukas Volger cooks up more than 100 main courses so varied that vegetarians - and omnivores who are eating more plant-based foods - will never lack an exciting new dish for dinner. Easy entrees like Creamed Kale on Toast and Winter Root Vegetable Gratins showcase seasonal produce; recipes for dumplings, noodle bowls, and curries draw on global cuisines; and inventions like Lentil & Parsnip Soup and Simple Seitan Lettuce Wraps transform everyday ingredients into appealing new flavour and taste sensations. These nutritionally balanced meals satisfy every craving - and definitely won't leave you snacking later.



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Reviews

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