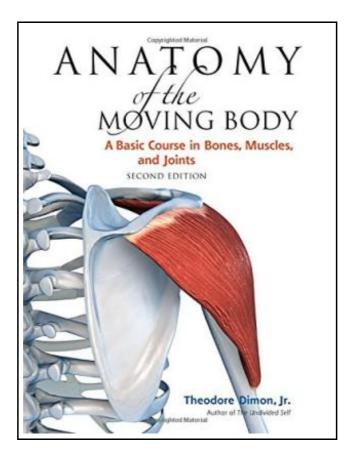
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Reviews

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(Mrs. Felicia Windler)

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North Atlantic Books, U.S. Paperback. Book Condition: new. BRAND NEW, Anatomy of the Moving Body: A Basic Course in Bones, Muscles, and Joints (2nd Revised edition), Theodore Dimon, Have you ever tried to learn anatomy from a picture book? It's like using a road map to learn geography: you can see where all the cities are but you can never retain the information. Like names on a road map, anatomical terms are impossibly hard to remember, and without understanding the meaning behind the concepts, we somehow feel we don't understand what it all means. To learn anatomy, we need more than pictures and labels; we need a way 'into' the subject, a means of making sense of what we are looking at. "Anatomy of the Moving Body" is a complete, lecture-based approach to anatomy that helps us to understand our complex anatomy by explaining the subject in down-to-earth terms. With nearly 100 3D illustrations, "Anatomy of the Moving Body" is clearly and beautifully illustrated. Over the course of 31 lectures, the author confidently guides the reader through this complex landscape and makes unfamiliar terrain become familiar. Each part of the body is explained in short, manageable sections. And the author doesn't just name the muscles and bones but explains the terminology and, in the process, helps to demystify and make sense of an otherwise intimidating subject. In this, the second edition of the book, the 95 pencil drawings (roughly half of the book) in the original edition have been completely redone, using a 3D digital model of the human anatomical form.

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